

Did you know you can talk to your oral health professional about quitting smoking?



Quitline 137848
quit.org.au



Your oral health professional can:

- ✓ **Help you understand** how smoking affects your mouth
- ✓ **Help you access cheaper quitting medications** and products
- ✓ **Refer you to a specialist quitting service** such as Quitline

Talk to your oral health professional about your options today, or give Quitline 137848 a call for a free, confidential chat.