

## Activity: Silly smile mask

### What you need

- ★ Paper plates - cut in half
- ★ Wooden stir sticks or icy pole sticks
- ★ Glue or sticky tape
- ★ Crayons or textas

### What to do

Make your own silly smile using a paper plate cut in half. Invite children to colour the mouth and draw teeth.

#### Ask children:

Talk to children about our teeth and how we keep our teeth clean and healthy.

What do you use to clean your teeth? Toothbrush and toothpaste.

When should you brush your teeth? After breakfast and before bed.

Teeth are an important part of our body. Teeth can get sick. It's important to look after our teeth.



### Key messages for children

- ★ Teeth are an important part of our body
- ★ Teeth have three main jobs - smiling, talking and eating
- ★ Healthy means that you are not sick and that your body feels good. It means you can play, learn and grow
- ★ Teeth can get sick. It's important to look after our teeth

